



BRUCEGATE
DENTAL PRACTICE

NEW DENTURES ADVICE SHEET

Try to keep the dentures in as much as possible during the day to allow them to settle

To clean dentures – remove them from your mouth and brush with toothbrush and paste

Once a week soak dentures in denture cleaning agent (such as Steradent)

It is important for the health of your gums and teeth to take the denture out at night.

It is best kept in water to stop it drying out and becoming brittle.

If you have any sore areas or ulcers appearing which do not resolve, the dentures may need adjusting.

Please call the surgery for an appointment on [01289 306084](tel:01289306084)